1. In a multi-site, cardiac pacing system for delivering ventricular pacing pulses, a method of timing the delivery of left ventricular pacing pulses from a preceding atrial event and following, in time, the depolarization of the right ventricle comprising:

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establishing a left ventricular atrio-ventricular delay (A-LVp) from an atrial event (A) to time the delivery of a left ventricular pacing pulse (LVp) by: sensing ventricular depolarizations of the left ventricle as a left ventricular sense (LVs) event;

measuring the intrinsic atrial-left ventricular delay between an atrial event and the LVs event as an intrinsic A-LVs delay;

sensing ventricular depolarizations of the right ventricle as a right ventricular sense (RVs) event;

measuring the intrinsic atrial-right ventricular delay between an atrial event and the RVs event as an intrinsic A-RVs delay; and

determining a left ventricular A-LVp delay that is shorter than the intrinsic A-LVs delay and longer than the intrinsic A-RVs delay;

timing out the A-LVp delay from each atrial event; and delivering a left ventricular pacing pulse to the left ventricle at the time-out of the A-LVp delay to effect fusion pacing of the left ventricle with intrinsic depolarization of the right ventricle.

- 2. The method of Claim 1, wherein the determining step further comprises setting the A-LVp delay to be shorter than the intrinsic A-LVs delay by a programmable factor.
- 3. The method of Claim 2, further comprising: comparing the determined A-LVp delay with the intrinsic A-RVs delay; if the determined A-LVp delay is shorter than the intrinsic A-RVs delay, then determining a right ventricular A-RVp delay that is shorter than the intrinsic A-RVs delay and the determined A-LVp; and

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timing out the A-RVp delay from the atrial event and delivering a right ventricular pacing pulse to the right ventricle at the time-out of the A-RVp delay to effect bi-ventricular pacing of the right ventricle and the left ventricle.

- 4. The method of Claim 2, further comprising: comparing the determined A-LVp delay with the intrinsic A-RVs delay; if the determined A-LVp delay is longer than the intrinsic A-RVs delay, then determining a right ventricular A-RVp delay that is longer than the intrinsic A-RVs delay.
- 5. The method of Claim 4, further comprising: comparing the determined A-LVp delay with the intrinsic A-RVs delay; if the determined A-LVp delay is shorter than the intrinsic A-RVs delay, then determining a right ventricular A-RVp delay that is shorter than the intrinsic A-RVs delay and the determined A-LVp; and

timing out the A-RVp delay from the atrial event and delivering a right ventricular pacing pulse to the right ventricle at the time-out of the A-RVp delay to effect bi-ventricular pacing of the right ventricle and the left ventricle.

6. The method of Claim 1, further comprising: comparing the determined A-LVp delay with the intrinsic A-RVs delay; if the determined A-LVp delay is shorter than the intrinsic A-RVs delay, then determining a right ventricular A-RVp delay that is shorter than the intrinsic A-RVs delay and the determined A-LVp; and

timing out the A-RVp delay from the atrial event and delivering a right ventricular pacing pulse to the right ventricle at the time-out of the A-RVp delay to effect bi-ventricular pacing of the right ventricle and the left ventricle.

7. The method of Claim 1, further comprising:
monitoring a rate control parameter indicative of the patient's
physiological demand for cardiac output; and

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adjusting the determined A-LVp delay to reflect the monitored rate control parameter.

8. The method of Claim 7, wherein the adjusting step further comprises: decreasing the A-LVp delay when the monitored rate control parameter signifies an increased demand for cardiac output; and

increasing the A-LVp delay when the monitored rate control parameter signifies an decreased demand for cardiac output.

- The method of Claim 1, further comprising:
 monitoring the intrinsic atrial rate of the patient's heart; and
 adjusting the determined A-LVp to reflect the monitored atrial rate.
- 10. The method of Claim 9, wherein the adjusting step further comprises: decreasing the A-LVp delay when the monitored intrinsic atrial rate shortens; and

increasing the A-LVp delay when the monitored intrinsic atrial rate lengthens.

- 11. The method of Claim 1, further comprising: sensing any intrinsic LVs event during time-out of the A-LVp delay; and decreasing the A-LVp delay in response to a sensed intrinsic LVs event.
- 12. The method of Claim 1, further comprising: sensing any intrinsic RVs event during time-out of the A-RVp delay; and

decreasing the A-RVp delay in response to a sensed intrinsic RVs event.

13. A multi-site, cardiac pacing system for delivering ventricular pacing pulses to a left ventricular site of the heart synchronously timed from a

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preceding atrial event and following, in time, the depolarization of the right ventricle comprising:

left ventricular sense means for sensing ventricular depolarizations of the left ventricle as a left ventricular sense (LVs) event;

means for measuring the intrinsic atrial-left ventricular delay between an atrial event and the LVs event as an intrinsic A-LVs delay;

right ventricular sense means for sensing ventricular depolarizations of the right ventricle as a right ventricular sense (RVs) event;

means for measuring the intrinsic atrial-right ventricular delay between an atrial event and the RVs event as an intrinsic A-RVs delay;

means for determining a left ventricular A-LVp delay that is shorter than the intrinsic A-LVs delay and longer than the intrinsic A-RVs delay;

means for timing out the A-LVp delay from the atrial event; and means for delivering a left ventricular pacing pulse to the left ventricle at the time-out of the A-LVp delay to effect fusion pacing of the left ventricle with intrinsic depolarization of the right ventricle.

- 14. The system of Claim 13, wherein the determining means comprises means for setting the A-LVp delay to be shorter than the intrinsic A-LVs delay by a programmable factor.
- 15. The system of Claim 14, wherein:

the determining means comprises means for comparing the determined A-LVp delay with the intrinsic A-RVs delay and determining a right ventricular A-RVp delay that is shorter than the intrinsic A-RVs delay and the determined A-LVp if the determined A-LVp delay is shorter than the intrinsic A-RVs delay; and further comprising:

means for timing out the A-RVp delay from the atrial event and delivering a right ventricular pacing pulse to the right ventricle at the time-out of the A-RVp delay to effect bi-ventricular pacing of the right ventricle and the left ventricle.

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16. The system of Claim 14, wherein the determining means further comprises means for comparing the determined A-LVp delay with the intrinsic A-RVs delay, and if the determined A-LVp delay is longer than the intrinsic A-RVs delay, then determining a right ventricular A-RVp delay that is longer than the intrinsic A-RVs delay.

17. The system of Claim 16, wherein:

the determining means comprises means for comparing the determined A-LVp delay with the intrinsic A-RVs delay and determining a right ventricular A-RVp delay that is shorter than the intrinsic A-RVs delay and the determined A-LVp if the determined A-LVp delay is shorter than the intrinsic A-RVs delay; and further comprising:

means for timing out the A-RVp delay from the atrial event and delivering a right ventricular pacing pulse to the right ventricle at the time-out of the A-RVp delay to effect bi-ventricular pacing of the right ventricle and the left ventricle.

18. The system of Claim 13, wherein:

the determining means comprises means for comparing the determined A-LVp delay with the intrinsic A-RVs delay and determining a right ventricular A-RVp delay that is shorter than the intrinsic A-RVs delay and the determined A-LVp if the determined A-LVp delay is shorter than the intrinsic A-RVs delay; and further comprising:

means for timing out the A-RVp delay from the atrial event and delivering a right ventricular pacing pulse to the right ventricle at the time-out of the A-RVp delay to effect bi-ventricular pacing of the right ventricle and the left ventricle.

19. The system of Claim 13, further comprising:

means for monitoring a rate control parameter indicative of the patient's physiological demand for cardiac output; and

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means for adjusting the determined A-LVp delay to reflect the monitored rate control parameter.

20. The system of Claim 19, wherein the adjusting means further comprises:

means for decreasing the A-LVp delay when the monitored rate control parameter signifies an increased demand for cardiac output; and

increasing the A-LVp delay when the monitored rate control parameter signifies an decreased demand for cardiac output.

- 21. The system of Claim 13, further comprising:

 means for monitoring the intrinsic atrial rate of the patient's heart; and
 means for adjusting the determined A-LVp to reflect the monitored
 atrial rate.
- 22. The system of Claim 21, wherein the adjusting means further comprises:

means for decreasing the A-LVp delay when the monitored intrinsic atrial rate shortens; and

means for increasing the A-LVp delay when the monitored intrinsic atrial rate lengthens.

23. The system of Claim 13, further comprising:
means for sensing any intrinsic LVs event during time-out of the A-LVp
delay; and

means for decreasing the A-LVp delay in response to a sensed intrinsic LVs event.

24. The system of Claim 13, further comprising: means for sensing any intrinsic RVs event during time-out of the A-RVp delay; and means for decreasing the A-RVp delay in response to a sensed intrinsic RVs event.

25. In a multi-site, cardiac pacing system for delivering ventricular pacing pulses to at least one of the right and left ventricles of the heart (V1), a method of timing the delivery of the ventricular pacing pulse from a preceding atrial event and following, in time, the depolarization of the other of the right and left ventricles (V2) comprising:

establishing an atrio-ventricular delay (A-V1p) from an atrial event (A) to time the delivery of a ventricular pacing pulse (V1p) to ventricle V1 by:

sensing ventricular depolarizations of ventricle V1 as a ventricular sense (V1s) event;

measuring the intrinsic atrial- ventricular delay between an atrial event and the V1s event as an intrinsic A-V1s delay;

sensing ventricular depolarizations of the ventricle V2 as a ventricular sense (V2s) event;

measuring the intrinsic atrial-ventricular delay between an atrial event and the V2s event as an intrinsic A-V2s delay; and

determining an atrio-ventricular A-V1p delay that is shorter than the intrinsic A-V1s delay and longer than the intrinsic A-V2s delay;

timing out the A-V1p delay from each atrial event; and

delivering ventricular pacing pulse V1p to the ventricle V1 at the timeout of the A-V1p delay to effect fusion pacing of the ventricle V1 with intrinsic depolarization of the ventricle V2.

- 26. The method of Claim 25, wherein the ventricle V1 comprises the right ventricle and the ventricle V2 comprises the left ventricle.
- 27. The method of Claim 25, wherein the ventricle V1 comprises the left ventricle and the ventricle V2 comprises the right ventricle.

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28. A cardiac pacing system for delivering ventricular pacing pulses to at least one of the right and left ventricles of the heart (V1) timed from a preceding atrial event and following, in time, the depolarization of the other of the right and left ventricles (V2) comprising:

means for establishing an atrio-ventricular delay (A-V1p) from an atrial event (A) to time the delivery of a ventricular pacing pulse (V1p) to ventricle V1 by:

sensing ventricular depolarizations of ventricle V1 as a ventricular sense (V1s) event;

measuring the intrinsic atrial- ventricular delay between an atrial event and the V1s event as an intrinsic A-V1s delay;

sensing ventricular depolarizations of the ventricle V2 as a ventricular sense (V2s) event;

measuring the intrinsic atrial-ventricular delay between an atrial event and the V2s event as an intrinsic A-V2s delay; and

determining an atrio-ventricular A-V1p delay that is shorter than the intrinsic A-V1s delay and longer than the intrinsic A-V2s delay;

means for timing out the A-V1p delay from each atrial event; and means for delivering ventricular pacing pulse V1p to the ventricle V1 at the time-out of the A-V1p delay to effect fusion pacing of the ventricle V1 with intrinsic depolarization of the ventricle V2.

- 29. The system of Claim 28, wherein the ventricle V1 comprises the right ventricle and the ventricle V2 comprises the left ventricle.
- 30. The system of Claim 28, wherein the ventricle V1 comprises the left ventricle and the ventricle V2 comprises the right ventricle.

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